

**SMH PHYSICIAN SERVICES INC.**

941 917 2600

PO Box 947407

Atlanta GA 30394-7407

**Patient:** Thomas Glembocki

**Date:** 3/22/2024

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**Type of Note:**

Progress Note

**Chief Complaint**

The Chief Complaint is: Cystoscopy.

Gross hematuria

**History of Present Illness**

Thomas Glembocki is a 77 year old male.

- Allergy list reviewed - Problem list reviewed - Medication list reviewed

The patient comes in today for cystoscopy.

**Current Medication**

- Aspirin 81 MG Oral Capsule Once a day 0 days, 0 refills
- Metoprolol Tartrate 25 MG Oral Tablet 1/2 Daily 0 days, 0 refills
- Rosuvastatin Calcium 10 MG Oral Tablet Once a day 0 days, 0 refills
- Tamsulosin HCl 0.4 MG Oral Capsule 90 days, 0 refills

**Social History**

Tobacco use: Never a smoker.

- Use of tobacco assessment performed

**Allergies**

- No Known Allergies

**Physical Findings**

- Vitals taken 03/22/2024 08:40 am

BP-Sitting 138/74 mmHg

Pulse Rate-Sitting 54 bpm

Respiration Rate 18 per min

Height 75 in

Weight 212 lbs

Body Mass Index 26.5 kg/m2

Body Surface Area 2.2 m2  
Oxygen Saturation 98 %

#### Physician's Services:

For adult: Value

- Screening for adult depression: - 0 3/22/2024  
impression and score PHQ2

#### User Defined 17

Flexible cystoscopy:

Risks, benefits, and potential complications of the procedure were discussed with the patient. Sterile technique and intraurethral analgesia were used.

Meatus: Normal size. Normal location. Normal condition.

Urethra: No strictures.

External sphincter: Normal

Verumontanum: Normal

Prostate: +enlarged median lobe

Bladder: No trabeculation. No stones. Ureteral orifices in normal orthotopic position. No tumors

#### Tests

Urinalysis Was Performed:

Urinalysis Results: Value

Urine pH 6.0

An automated urinalysis without microscopic exam and urine appearance clear.

Urine specific gravity 1.020, protein negative, glucose negative, bilirubin negative, urobilinogen normal, nitrate negative, ketones negative, leukocyte esterase negative, and occult blood negative.

#### Assessment

Hematuria

#### Therapy

- Other

Administered 1 tablet of Ciprofloxacin HCl 500 MG on 03/22/24 08:30a, NDC: 65862-077-05

Administered 1 applicator of Lidocaine HCl Urethral/Mucosal 2 % on 03/22/24 08:30a, NDC: 76329-3012-5

#### Counseling/Education

- Weight Management/Dietary advice Education

#### Plan

Doin well

FU 6mo

**User Defined 28**

Bothered by feelings of sadness, depression or helplessness in the past month was 0 and loss of pleasure from usual activities was 0.

Patient screened for future fall risk documentation of no falls in past year; Standardized depression screening: negative for symptoms No significant symptoms, PHQ2 score 0-4.

- **Clinical Note**, Last documented on 03/22/2024; 09:02 AM; SMH PHYSICIAN SERVICES INC.; Daniel M Kaplon