

# Intercoastal Medical Group

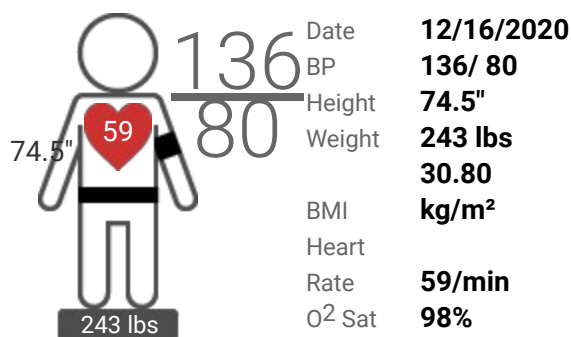
## Thomas Glembocki

11/06/1946, M

Patient #597196

Displaying data as of 12/18/17 - 12/18/20  
Information about active health conditions may be included, even if it falls outside of the selected date range.

### Vitals



### Vitals History

DATE	BP	HEIGHT	WEIGHT	BMI
10/21/2020		74.5"	237 lbs	30.00 kg/m <sup>2</sup>

### Allergies

**No Known Allergies**

### Care Plan

### Social History

**Amount of sleep was eight hours/day**

*Last Updated: 10/21/2020*

**Caffeine use**

*Last Updated: 10/21/2020*

**Daily coffee consumption was two cups per day**

*Last Updated: 10/21/2020*

**Exercising regularly walking**

*Last Updated: 10/21/2020*

**Never smoked**

*Last Updated: 10/21/2020*

**Currently married**

*Last Updated: 10/21/2020*

**DME in home: no grab bars in shower/tub**

*Last Updated: 10/21/2020*

**Housing with smoke detectors**

*Last Updated: 10/21/2020*

**Lives with spouse**

*Last Updated: 10/21/2020*

**Retired from work**

No recorded Care Plan

## Care Team

**David J Bidle, MD, Primary Care Physician**

+1 SEE THE VISIT

8592 Potter Park Dr

Sarasota, FL 34238

## Current Medications

**Lisinopril-hydroCHLORothiazide 20-25 MG**

**Oral Tablet QTY: 0 tablet Days: 0 Refills: 0**

**Written: 10/21/20**

**Dose: 1 Frequency: once a day**

Active

October 21 , 2020

## Health Considerations

**Hyperlipidemia**

Active

10/21/2020

**Essential Hypertension**

Active

10/21/2020

Last Updated: 10/21/2020

**Using a seatbelt**

Last Updated: 10/21/2020

**Using sunscreen**

Last Updated: 10/21/2020

**Smoking Status Unknown**

## Lab Results

### TSH

12/02/2020	RESULT	NORMAL
<b>TSH3UL</b>	1.049 mlu/mL	(0.350- 4.670 )

Intercoastal Medical Group

### Lab Address:

943 S Beneva Rd, Ste 102, Sarasota,  
FL, 34232-2473

### Notes:

#### TSH3UL:

Effective 1/03/2011 , please note the  
change in TSH3UL reference range.

### Comprehensive metabolic (CMP, Q#10231 L#322000)

12/02/2020	RESULT	NORMAL
<b>A/G</b>	1.8	(1.0-2.5 )
<b>ALB</b>	4.2 g/dL	(3.2-4.8 )
<b>ALP</b>	60 U/L	(46-116 )

<b>ALT(PT)</b>	19 U/L	(10-49 )
<b>AST(OT)</b>	22 U/L	(0-34 )
<b>B/C Ratio</b>	14.5 Ratio	(12.0-20.0 )
<b>Bun</b>	16 mg/dL	(9-23 )
<b>Ca</b>	9.3 mg/dL	(8.7-10.4 )
<b>cGFR</b>	>60.00 ML/MIN/1.73M2	(>60.00 )
<b>CL</b>	103 mmol/L	(99-109 )
<b>Crea</b>	1.1 mg/dL	(0.7-1.3 )
<b>Glob</b>	2.4 g/dL	(1.9-3.7 )
<b>Glu</b>	77 mg/dL	(74-106 )
<b>K</b>	4.2 mmol/L	(3.5-5.5 )
<b>NA</b>	138 mmol/L	(132-146 )
<b>Tbil</b>	0.9 mg/dL	(0.0-1.2 )
<b>↑ TC02</b>	33 mmol/L	(20-31 )
<b>TP</b>	6.6 g/dL	(5.7-8.2 )

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**Notes:**

**cGFR:**

PLEASE NOTE: IF PATIENT IS OF  
AFRICAN AMERICAN / BLACK  
DESCENT MULTIPLY RESULTS BY

1.210

Lipid Profile w/Reflex Direct  
LDL(Q#14852, LC#235010)

12/02/2020	RESULT	NORMAL
<b>DHDL</b>	41 mg/dL	
<b>Chol</b>	195 mg/dL	(10-200 )
<b>HDL Risk</b>	4.8	(0.0-5.0 )
<b>↑ LDL</b>	124.9	(<99.0 )
<b>TGL</b>	147 mg/dL	(0-150 )

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**Notes:**

**DHDL:**

Low (undesirable, high risk) < 40 High  
(desirable, low risk) >60

**Chol:**

DESIRABLE - < 200 Borderline - 200 -  
240 High - > 240

**TGL:**

Normal < 150 Borderline High- 150 -  
199 High- 200 - 499 Very High- > 500

CBC (inc diff and platelet  
count)(Q#6399, LC#005009)

12/02/2020	RESULT	NORMAL
<b>BA#</b>	0.0 3/uL	(0.0-0.2 )
<b>BA%</b>	0.6 %	(0.0-2.5 )
<b>EO#</b>	0.1 3/uL	(0.0-0.7 )
<b>EO%</b>	1.5 %	(0.0-7.0 )
<b>Hematocrit (Hct)</b>	43.6 %	(40.9-49.7 )
<b>Hemoglobin (Hgb)</b>	14.4 g/dL	(13.9-17.1 )
<b>IG#</b>	0.02 x10 <sup>3</sup> /uL	(0.00-0.03 )
<b>IG%</b>	0.30 %	(0.00-1.00 )
<b>LY#</b>	1.8 3/uL	(0.5-3.2 )
<b>LY%</b>	29.1 %	(10.0-50.0 )
<b>MCH</b>	29.5 Pg	(26.0-33.0 )
<b>MCHC</b>	33.0 g/dL	(31.0-36.0 )
<b>MCV</b>	89 fL	(81-97 )
<b>MO#</b>	0.6 3/uL	(0.0-0.9 )
<b>MO%</b>	10.0 %	(0.0-12.0 )
<b>NE#</b>	3.6 3/uL	(2.0-7.8 )
<b>NE%</b>	58.5 %	(37.0-80.0 )
<b>NRBC#</b>	0.00 3/uL	(0.00-0.01 )
<b>NRBC%</b>	0.00 %	(0.00-0.20 )
<b>Platelet Count</b>	257 3/uL	(140-440 )

<b>Red Blood Cell Count (RBC)</b>	4.88 6/uL	(4.50-5.70 )
<b>RDW</b>	12.4 %	(11.5-14.5 )
<b>White Blood Cell Count (WBC)</b>	6.2 3/UL	(3.8-10.6 )

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**PSA (SCREENING)**

12/02/2020	RESULT	NORMAL
<b>PSA (Screen)</b>	1.77 ng/ml	(0.00-4.00 )

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**Notes:**

**PSA (Screen):**

Beginning 3/19/18 PSA'S are being performed using the Siemens Centaur XP chemiluminescent method. Values obtained from different assay methods cannot be used interchangeably.

**Reported Physicians**

12/02/2020	RESULT	NORMAL
<b>Reported Physicians</b>	See Note	

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**Notes:*****Reported Physicians:***

Reported Physicians: Ordering: Bidle,  
David Attending: BIDLE, DAVID

## Procedures and Medical History

**12/16/2020***Lab-Auto Urinalysis*

Completed

**12/16/2020***PQRI Most recent diastolic blood pressure 80-  
89mmHg*

Completed

**12/16/2020***PQRI Most recent systolic blood pressure 130-139  
mmHg*

Completed

**12/16/2020***Body Mass Index, documented*

Completed

**12/02/2020***Venipuncture*

Completed

**12/02/2020**

*Lab-Tsh*

Completed

**12/02/2020**

*Lab-Comprehensive Metabolic Panel*

Completed

**12/02/2020**

*Lab-Lipid/coronary Risk*

Completed

**12/02/2020**

*Lab-Hemogram & Platelet Count (CBC)*

Completed

**12/02/2020**

*Lab-Prostate Cancer Screening*

Completed

**10/21/2020**

*PQRI Most recent diastolic blood pressure 80-  
89mmHg*

Completed

**10/21/2020**

*PQRI Most recent systolic blood pressure <130  
mmHg*

Completed

**10/21/2020**

*Body Mass Index, documented*

Completed

**10/21/2020**

*Admin. of Flu Vaccine*

Completed

**10/21/2020**

*Flu Vacc Prsv Free Inc Antig*



Completed

**10/21/2020**

*History of tonsillectomy*

Completed

**10/21/2020**

*History of essential hypertension*

Completed

**10/21/2020**

*History of hyperlipidemia*

Completed

## Immunizations

**Fluzone HD Quad**

*Dose: .7 mL*

*Date administered: 10/21/2020*

*Administration Site: Left Arm*

Complete (Administered)

**Influenza, Fluzone HD Triv**

*Dose: 999*

*Date recorded: 01/09/2017*

*Administration Site: Left Deltoid*

Complete (Reported)

## Demographics

**Race : White**

**Ethnicity : Not Hispanic or Latino**

**Preferred Language : English**

## Family History

### **1 children**

Last Updated: 10/21/2020

### **Children**

Last Updated: 10/21/2020

### **Sororal history of sister is alive x2 1. Breast cancer 70 2. healthy**

Last Updated: 10/21/2020

### **Maternal history of cancer Pancreas 87**

Last Updated: 10/21/2020

### **Maternal history of mother deceased**

Last Updated: 10/21/2020

### **Paternal history of father deceased Non-Hodgkins Lymphoma 79**

Last Updated: 10/21/2020