

CROCK POT KIELBASA & SAUERKRAUT

Recipe by Queen of Everything

Delicious comfort food.

READY IN: 6hrs 20mins

SERVES: 8

UNITS: US



INGREDIENTS

- 1 medium onion
- 2 lbs kielbasa (2 kielbasa)
- 2 (32 ounce) packages sauerkraut
- 1/3 cup brown sugar
- 1 cup water
- 1 cup apple cider

NUTRITION INFO	
Serving Size: 1 (434) g	
Servings Per Recipe: 8	
AMT. PER SERVING	% DAILY VALUE
Calories: 435.9	
Calories from Fat 281 g	65 %
Total Fat 31.2 g	48 %
Saturated Fat 10.5 g	52 %
Cholesterol 74.8 mg	24 %
Sodium 2608.9 mg	108 %

Total Carbohydrate 23.8 g	7 %
Dietary Fiber 7.2 g	28 %
Sugars 15.5 g	62 %
Protein 16.2 g	32 %

DIRECTIONS

Slice 1 onion into thin strips and caramelize.

Drain and rinse sauerkraut.

Slice kielbasa into 1-inch lengths.

Combine water, cider and brown sugar.

Combine all ingredients well in crock pot.

Cook on high 6 hours.