

ROAD SCHOLAR

Adventures in Lifelong Learning

Toronto:
A Signature City
Information Packet



Program # 8937

July 7 - 12, 2013

ROAD SCHOLAR

Elderhostel, Inc.

11 Avenue de Lafayette
Boston, MA 02111-1746
(617) 426-7788 tel
www.roadscholar.org

Dear Road Scholar Participant,

We are delighted that you have enrolled in this exciting educational program. Our programming office in Kingston, ON serves as the Program Provider for your program and works closely with Road Scholar headquarters to make sure that your program meets our high standards.

This packet includes important information that will help you prepare for your upcoming program. Inside you'll find your program itinerary, accommodation details and information on practical matters. Whether this is your first Road Scholar experience or whether you are a seasoned traveler, please read all materials carefully. We encourage you to pay particular attention to the page of this packet titled "Important Information."

This packet may also contain the forms required for your program, which must be completed and returned as soon as possible, but no later than 3 weeks prior to program departure, to our Road Scholar office in Kingston, ON.

If you have questions about your payments or enrollment status, please contact Road Scholar Participant Services toll free at 877-426-8056. If you have any questions about your educational program after reading this information, please feel free to contact our office in Kingston directly at 866-745-1690.

On behalf of everyone at Road Scholar, I extend my best wishes for a memorable and rewarding learning adventure.

Sincerely,



James Moses
Road Scholar President

YOU CAN'T FIND A BETTER VALUE THAN ROAD SCHOLAR

All of your Road Scholar program components are included in the program cost. That means there are no extra “options,” no passing the hat for tips and no surprises. From lectures and field trips to gratuities and accommodations - the price you pay up front is the price you pay.

Specifically, this program includes:

5 nights accommodations

Meals: 10; 5 Breakfasts, 2 Lunches, 3 Dinners

Expert-led lectures: 3

Field trips: 7

- Learning led by expert instructors who are authorities in the field of study.
- An experienced Group Leader attuned to the needs of Road Scholar participants.
- Group transportation throughout the program.
- Customary gratuities throughout the program that you would normally pay yourself.
- The Road Scholar Travel Assistance Plan, providing 24-hour-a-day emergency assistance coverage.
- Taxes.

WHOM TO CONTACT FOR WHAT

In order to make this educational travel experience possible for you, the following offices of Road Scholar will work together to provide the necessary arrangements and information.

For questions about Registration, Insurance, and Payments, contact:

Road Scholar

11 Avenue de Lafayette

Boston, MA 02111-1746

Toll-free telephone: 877-426-8056

Email: registration@roadscholar.org

For questions about your Educational Program, contact:

Routes To Learning Canada

4 Cataraqui Street

Kingston, ON K7K 1Z7

Telephone: 866-745-1690

Fax: 613-530-2096

Email: mona.perry@routestolearning.ca; chris.atyeo@routestolearning.ca

For emergencies during and on your way to the program.

RLC Mobile Phone

Site Coordinator

Please call the toll free line at 1-866-745-1690 during regular business hours or for non-urgent matters (Mon - Fri 8:30 - 4:30 EST). The mobile phone #1-613-331-5777 is for emergency use only.

Title: Site Coordinator
Cell Phone: 613-331-5777
Phone: 866-745-1690

MEET YOUR FELLOW PARTICIPANTS ONLINE!

Visit www.roadscholar.org/socialnetwork

When you participate in your upcoming Road Scholar educational adventure, not only will you learn about the world's great places, peoples and pursuits, but you'll be in the company of other enthusiastic learners who share many of your own interests. But why wait until you're on your program to meet these great people!

Meet your fellow participants right now on our online social network - The Road Scholar Social Network. Visit www.roadscholar.org/socialnetwork to get started.

It's easy to join, and once you set up your profile you can:

- Meet participants on your program
- Ask questions and share your experiences
- Share your photos, videos and reviews
- Engage in a stimulating dialogue with other lifelong learners on our discussion boards
- Find a roommate or someone to share a ride with on your upcoming program
- Set up email alerts and customize your profile with our easy-to-use privacy controls

Visit www.facebook.com/rsadventures

Join Road Scholar on Facebook **for the latest news and special offers.**

YOUR ROAD SCHOLAR MAILINGS

- This Information Packet provides details about your itinerary and accommodations, information on practical matters such as health and safety, money, weather and packing, map(s), a suggested reading list, and other things you will want to know about your upcoming program.

REQUIRED DOCUMENTS

The Road Scholar Participant Information Form is required.

This form can be completed online or via traditional paper forms. Please refer to the page of this packet titled “Important Information” for more information. Whether you use our online form or the print version, please complete your information as soon as possible, but no later than June 16, 2013.

PASSPORTS:

Passport requirements are subject to change. Visit www.travel.state.gov/travel/cbpmc/cbpmc_2223.html for up-to-date info.

All US Citizens require a passport that is valid a minimum of 6 months after their return date to the US. If you must apply for a new passport, plan to allow 6 to 8 weeks for this process. Please bring along a photocopy of the first page of your passport (the page that has your photograph and information); in the event that your passport is lost or stolen, a copy of it will be of great assistance.

Travel Visa

A travel visa is not required for this program.

GETTING THERE

Start of Program

Sunday, July 7, 2013: Independent arrivals to the hotel in Toronto. Check-in after 4:00 p.m. Dinner is at 6:00 p.m. You will be staying at the Courtyard by Marriott Toronto (Downtown) that night.

End of Program

Friday, July 12, 2013: Independent departures from the hotel after breakfast. Check-out is 12:00 noon. Breakfast starts at 6:30 a.m. You will be staying at the Courtyard by Marriott Toronto (Downtown) the night before.

Driving Directions

From Highway 401 (via Don Valley Parkway)	Starting from the 401 east or west, continue in your direction to the Don Valley Parkway (DVP). Travel south on the DVP all the way to the Gardiner Expressway. Take the Yonge Street exit, continue north on Yonge. The Courtyard Marriott Downtown Toronto is just above College/Carlton Street on your right. Turn right on Wood Street - the entrance to the hotel and parking are on Wood Street.
QEW (Toronto)	From the QEW Toronto, continue to the Gardiner Expressway East. Take the Yonge Street exit continue north on Yonge. The Courtyard Marriott Downtown Toronto is just above College/Carlton Street on your right on the corner of Yonge and Wood Street. Turn right on Wood Street - the entrance to the hotel and parking are on Wood Street.
Toronto Pearson Airport	From Toronto Pearson International Airport: Upon exiting the airport, take highway #427 south to Gardner Expressway (EAST). Follow directional signs to downtown Toronto. Exit onto Yonge Street north (LEFT), continue until you come to Wood Street (one block north of College Street on right hand side). The Courtyard Marriott Toronto Downtown hotel entrance is located off of Wood Street just east of Yonge Street.

Parking Information

On-site parking available, contact the hotel directly for parking details. A parking fee will apply.

Getting There

Toronto

Service:

Per Person/One Way:

Travel Time:

From Airport

Commercial Van/Shuttle

Airport Express

Phone: 800-387-6787

Approximately \$30.00 one way

Prices are subject to change.

30 - 45 minutes depending on traffic

Terminal 1. Shuttle departs from Posts B and E. Customer service locations at arrivals level (outside domestic baggage claim area) and arrivals level international (U.S.) (located behind the "blue clock").

Terminal 3. Shuttle departs from Curbside area #25. Tickets can be purchased at customer service counter or from bus driver.

www.torontoairportexpress.com.

The shuttle stops at the Delta Chelsea hotel - less than a five minute walk from our hotel. Gerrard St. to Yonge St.

Toronto*Service:**Per Person/One Way:**Travel Time:***From Airport****Taxi**

Approximately \$60 - \$65

Prices are subject to change.

30-45 minutes depending on traffic

Taxis are available at curbside from arrivals level at all terminals.

Alternate transportation: Public Bus service, \$3 (one way)

Toronto*Service:**Per Person/One Way:**Travel Time:***To Airport****Commercial Van/Shuttle**

Airport Express

Phone: 800-387-6787

Approximately \$30

Prices are subject to change.

30 - 45 minutes

The nearest airport shuttle pick-up location is less than a five minute walk from our hotel - at the Delta Chelsea hotel around the corner on Gerrard Street.

Toronto*Service:**Per Person/One Way:**Travel Time:***To Airport****Taxi**

Approximately \$60 - \$65

Prices are subject to change.

30-45 minutes depending on traffic

PROGRAM SUMMARY

Discover how Toronto has become a unique urban success story. Traverse the city with prominent Torontonians as they contrast the dynamics of Toronto to other cities. Examine world treasures at the Art Gallery of Ontario, uncover a few billion years of history at the Royal Ontario Museum, explore the entertainment district and learn the historical significance of Chinatown on expert-led walks. Indulge in diverse culinary delights that reflect the intriguing cultural diversity and rich texture of the city.

Highlights

- Discover Old Town Toronto with a noted historian and discover hidden gems that are often overlooked.
- Explore some of Toronto's multicultural neighborhoods and indulge in culinary delights that reflect the cultural diversity and rich texture of the city.
- Examine the city's urban architecture, including Daniel Libeskind's dramatic and controversial expansion of the Royal Ontario Museum.

Activity Particulars

Activity Level **Active**: For people who enjoy walking as much as two miles a day, perhaps to explore historic neighborhoods or a nature trail.

Walking up to two miles daily over paved surfaces (up to three miles on Day 4); some stairs. Standing up to one hour on field trips. Use of public transportation.

Expect to walk up to 2 miles daily (up to 3 miles on Day 4). Some stairs to access public transit and on field trips. Public transportation is used throughout the program.

DAY-BY-DAY ITINERARY

Every effort has been made to ensure the accuracy and completeness of the itinerary. Circumstances beyond our control may require us to adjust the itinerary.

Day 1: Arrivals and Orientation

Sunday, July 07

- Arrive To: ARRIVAL AND CHECK-IN: Independent arrivals and transfers to the program hotel. Please note that rooms are not generally available until mid to late afternoon.
- Dinner: Dinner at a local restaurant.
- Evening: INTRODUCTIONS: Following dinner, you will meet for introductions, a review of the program and site orientation including detailed information regarding use of Toronto's public transportation (buses and subways), and optional sites to explore while you are in Toronto. A weekly transit pass will be provided to participants.

Accommodations: Courtyard by Marriott Toronto (Downtown)

Meals Included: Dinner

Day 2: Toronto: Past and Present/Gooderham & Worts Distillery/Architecture/Royal Ontario Museum

Monday, July 08

- Breakfast: Enjoy breakfast at the hotel.
- Morning: LECTURE: Toronto: Past and Present. Join Bruce Bell, a local Torontonians author and well known historian for an entertaining and enlightening presentation on the city of Toronto and "how it went from here to there".
- Morning: FIELD TRIP: Toronto's Neighborhoods. Explore the enchanting neighborhood of Corktown and the popular Distillery District. Learn about the fascinating history of this incredible factory complex, dating back to 1832, with its original cobblestone pathways. Walk through Corktown, now a highly sought after residential and business district of Toronto, it was once the great Irish slum of 19th Century Toronto. See Toronto's oldest Cemetery, one of the finest examples of High Victorian Gothic architecture. Hear about the lives of some of Toronto's most prominent residents who are laid to rest there.
- Lunch: Enjoy lunch in the Distillery District.

- Afternoon: FIELD TRIP: The Royal Ontario Museum. A guided exploration of the ROM will provide an overview of the many galleries and exhibits followed by free time to explore on your own. Explore an exceptional array of themed galleries throughout the Museum, spanning both world cultures and natural history. The ROM is the fifth largest museum in North America and contains more than six million items and over 40 galleries. It is also the largest museum in Canada and has notable collections of dinosaurs, Near Eastern and African art, East Asian art, European history, and Canadian history.
- Afternoon: PRESENTATION: Evolution of the ROM and the Crystal. A presentation by an architect or member of the design team will explore the evolution of the ROM's architecture from the beginning of the 20th century to the June 2007 opening of the Michael Lee-Chin Crystal. The Crystal, a structure of organically interlocking prismatic forms, turn this important corner of Toronto into a luminous beacon, a veritable showcase of people, events and objects, transforming the entire museum complex into a world-class destination.
- Dinner: Dinner on your own to sample local fare. Choose from the many dining options Toronto has to offer.

Note: Today we will use the TTC (public transit). Stairs will be encountered.

Accommodations: Courtyard by Marriott Toronto (Downtown)

Meals Included: Breakfast, Lunch

Day 3: Explore Old Town Toronto and St. Lawrence Market/Fort York

Tuesday, July 09

- Breakfast: Enjoy breakfast at the hotel.
- Morning: FIELD TRIP: St. Lawrence Market & Old Town Toronto. Discover Canada's largest and most ethnically diverse city with Toronto's foremost historian Bruce Bell. Bell is the official historian of St. Lawrence Market and St. Lawrence Hall and will take you to places that even locals don't even know about - the hidden gems often overlooked. Explore Old Town Toronto on foot with stops at The Farmers Market, St Lawrence Hall, Toronto's First Post Office (1834) St. James Cathedral as well as various historical sites along the way. The fusion of classic architecture and modern amenities is enhanced by the stunning view of Toronto's skyline.
- Lunch: Enjoy lunch (at your own expense) at St. Lawrence Market.
- Afternoon: FREE AFTERNOON: The afternoon is free for independent exploration. Some options: Performing Arts (Sony Centre, Young Peoples Theatre, Canadian Stage Theatre); Gardens & Historic Homes (Toronto Sculpture Garden, Mackenzie House, Allan Gardens Conservatory, Casa Loma); Museums (Art Gallery of Ontario, Bata Shoe Museum Museum of Contemporary Canadian Art, Tatar Gallery, University of Toronto Art Centre, Gardiner Museum); Other (Queen's Park and the Parliament Buildings, University of Toronto). Historical sites: Fort York
- Dinner: Dinner at a local restaurant.

Accommodations: Courtyard by Marriott Toronto (Downtown)

Meals Included: Breakfast, Dinner

Day 4: Multicultural Toronto/Chinatown and Kensington Market Walk /Art Gallery of Ontario
Wednesday, July 10

Breakfast:	Enjoy breakfast at the hotel.
Morning:	PRESENTATION: Toronto's Multicultural Landscape. Toronto is one of the most multicultural cities in the world and celebrates over 100 different cultures with over 180 languages spoken. A local expert will provide an in-depth talk on Toronto's vibrant multicultural landscape.
Morning:	FIELD TRIP: Chinatown/ Kensington Market. Following the presentation, start your adventure into Chinatown and Kensington Market. The very epicenter of the city - it is a combination of Greenwich Village, the Lower East Side, and the Meatpacking District with the culture and excitement of a great multicultural city. Starting at the "Table Top Building" (Ontario College of Art and Design) walk to Grange Park and hear the history of the Grange Manor. See the house of former Canadian Prime Minister Mackenzie King and George Brown House. Brown was the first publisher of the Globe newspaper and one of the Fathers of Confederation. Continue into Chinatown and Kensington Market and learn about this area's fascinating history.
Lunch:	Enjoy an authentic Dim Sum lunch in Chinatown.
Afternoon:	FIELD TRIP: The Art Gallery of Ontario (AGO). Uncover the treasures of the AGO with a local artist. Founded in 1900 by a group of private citizens as the Art Museum of Toronto, the Art Gallery of Ontario is one of the largest art museums in North America. The AGO expanded its facility in 2008 with an innovative architectural design by world-renowned architect Frank Gehry. The Canadian collection vividly documents the development of the nation's art heritage since pre-Confederation, including one of the largest and finest Inuit art collections in the world. The AGO also houses the world's largest public collection of works by internationally renowned British sculptor Henry Moore.
Dinner:	Dinner on your own to sample from the array of dining options - there's a restaurant to suit every taste.

Note: Walking up to 3 miles on flat terrain on today's field trip. Stairs are encountered to access transit and in the Art Gallery.

Accommodations: Courtyard by Marriott Toronto (Downtown)
Meals Included: Breakfast, Lunch

Day 5: Elgin Winter Garden Theatre/Free Afternoon/Farewell Dinner
Thursday, July 11

Breakfast:	Enjoy breakfast at the hotel.
Morning:	FIELD TRIP: The Elgin and Winter Garden Theatre. This morning visit the historical Elgin Winter Garden Theatre, a National Historic Site and hailed as one of the most beautiful theatre complexes in the world. It is the last operating double-decker theatre in the world – containing two completely separate and restored Edwardian theatres. With its history of vaudevillian roots, the Elgin is now a sumptuous affair with royal boxes. Magic casts a spell in the Wintergarden so named for its lovely trompe l'oeil paintings and pastoral ambiance. Only open to organized groups when the theatre is not booked for specific special performances.
Lunch:	Lunch on your own to enjoy the many culinary venues.

- Afternoon: FREE AFTERNOON: The afternoon is free for independent exploration. Some options: Performing Arts (Sony Centre, Young Peoples Theatre, Canadian Stage Theatre); Gardens & Historic Homes (Toronto Sculpture Garden, Mackenzie House, Allan Gardens Conservatory, Casa Loma); Museums (Art Gallery of Ontario, Bata Shoe Museum Museum of Contemporary Canadian Art, Tatar Gallery, University of Toronto Art Centre, Gardiner Museum); Other (Queen's Park and the Parliament Buildings, University of Toronto).
- Dinner: Farewell dinner at Bodega Restaurant. The ambiance in this elegant Victorian Manor provides for a relaxed and unpretentious atmosphere while offering a meal that is luxurious and classically French with a cooking style that is fresh and health conscious.

Accommodations: Courtyard by Marriott Toronto (Downtown)

Meals Included: Breakfast, Dinner

Day 6: Independent Departures

Friday, July 12

- Breakfast: Enjoy breakfast with the group before departing. Breakfast is served starting at 6:30 a.m.
- Morning: Independent departures after breakfast. Check-out time is 12:00 noon.

Meals Included: Breakfast

PROGRAM STAFF AND INSTRUCTORS

Rob Pond

Group Leader

Rob was born in Ontario, where he has lived almost all of his life. His working career was spent in a variety of management and supervisory positions with the Ontario government, with the Ministries of Correctional Services, Community and Social Services, and Health and Long-Term Care.

He enjoys reading, particularly history and biography, has been a life-long sports fan, and is active in a variety of activities - golfing, hiking, and biking. He keeps active in part by walking their dog most days.

Together, Myrna and Rob have traveled throughout much of Canada, including Elderhostel events in Newfoundland, Quebec City, and Vancouver. They have also shared the leadership of Marriage Preparation weekends for engaged couples an average of 3 to 4 weekends a year for almost 10 years. In addition to their Elderhostel activities, they have traveled to Japan, Iceland, and England. In Japan - with a great deal of assistance - they were chaperones for 17 teenagers for three-and-a-half weeks. How difficult can travelling with seniors be??

They are the parents of three grown children and the proud grandparents of six grandchildren. Myrna and Rob actually met in secondary school, and have been married over forty years. Working with Elderhostel and Routes to Learning is an exciting late-life experience. Here's to traveling well.

Bruce Bell

Instructor

Bruce Bell — journalist, author, playwright, actor and curator — is considered Toronto’s most famous historian and was named the Official Historian of St. Lawrence Hall by the city of Toronto. An award-winning playwright, he also published “Amazing Tales of St. Lawrence Neighbourhood” and “TORONTO: A Pictorial Celebration.” Bruce’s mission is to tell Toronto’s history through his writings and lectures, including his sold-out shows at Toronto’s famed Winter Garden Theatre.

FREE TIME OPPORTUNITIES

Free time is built into the program to give you the flexibility to pursue the things that interest you. Here are some suggestions for independent exploration. Your program staff will provide additional information and direction for your free time.

Toronto, Ontario:

Performing Arts

Toronto is home to a number of theatres and other performing arts venues. Mirvish Productions owns and operates four magnificent theatres in downtown Toronto - the Royal Alexandra, the Princess of Wales, the Ed Mirvish (formerly the Canon) and the Panasonic - each offering its patrons a unique theatre-going experience. Visit mirvish.com/theatres. Other venues include: Sony Centre for Performing Arts, Hummingbird Centre for the Performing Arts, Young Peoples Theatre, Canadian Stage Theatre, Peoples Theatre, Canadian Stage Theatre, Soulpepper Theatre, Four Seasons Centre, Massey Hall and many more. www.torontolivetheatre.com/index.cfm

Other

Other sites of interest: St. Lawrence Market, CN Tower, McLaughlin Planetarium, Canadian Air & Space Museum, Hockey Hall of Fame, Air Canada Centre, Toronto Islands, City Hall, University of Toronto, The Distillery District, Chinatown and P.A.T.H. the underground city. www.toronto.com

Arts, Culture, History

Toronto has a number of world-class museums and historic sites including the Royal Ontario Museum, Art Gallery of Ontario, Bata Shoe Museum, Museum of Contemporary Canadian Art, Museum of Inuit Art, Gardiner Museum, Tatar Gallery, University of Toronto Art Centre, Textile Museum, Queen's Park and the Parliament Buildings and historic Fort York. www.toronto.ca/culture/museums/locations.htm
www.toronto.worldweb.com/SightsAttractions/Museums/

Gardens & Historic Homes

Toronto is home to an array of gardens, green spaces and historic homes. Casa Loma, Toronto Botanical Garden, Toronto Sculpture Garden, Kew Gardens, Toronto Music Garden, Mackenzie House, Allan Gardens Conservatory. www.toronto.worldweb.com/SightsAttractions/ParksGardens/

ACCOMMODATIONS

Courtyard by Marriott Toronto (Downtown)

<i>Type:</i>	Full Service Hotel
<i>Description:</i>	Experience the largest full-service Courtyard by Marriott in the world, Courtyard Toronto Downtown. One of the great Toronto hotels downtown, we are near shopping, entertainment, businesses and subway transit. The Eaton Centre, Canada's premier Toronto shopping destination is minutes away and find some of Toronto's finest restaurants and entertainment on trendy Yonge Street.
<i>Room Amenities:</i>	Air conditioning, alarm clock, bottled water, coffee maker/tea service , iron and ironing board and hair dryer. Luxury bedding - crisp linens, thicker mattresses, custom comforters, fluffier pillows. Free high speed wireless Internet in public areas and guest rooms
<i>Facility Amenities:</i>	Fitness centre (open 24 hrs), indoor lap pool and whirlpool. On site restaurants - Yonge Street Grill, The Bistro and Second Cup coffee shop. Free high speed wireless Internet in public areas and guest rooms.
<i>Smoking Allowed:</i>	No
<i>Elevators Available:</i>	Yes
<i>Additional Nights:</i>	Contact hotel directly for current rates and availability.
<i>Check-in Time:</i>	4:00 PM
<i>Check-out Time:</i>	12:00 PM
<i>Contact Information:</i>	475 Yonge Street Toronto, ON Canada 800-847-5075 Web: www.marriott.com/hotels/travel/yyzcy-courtyard-toronto-downtown/

ACCOMMODATION SCHEDULE

*Please leave the extra copy of the **Accommodation Schedule** with friends or family in case of an emergency.*

Dates	Location	Accommodation
Days 1 - 5 July 7 - 11, 2013	Toronto, Ontario	Courtyard by Marriott Toronto (Downtown) 475 Yonge Street Toronto, ON Canada 800-847-5075 Web: www.marriott.com/hotels/travel/yyzcy-courtyard-toronto-downtown/

ACCOMMODATION SCHEDULE

Dates	Location	Accommodation
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PRACTICAL MATTERS

HEALTH & SAFETY

The Road Scholar Travel Assistance Plan

Your Road Scholar program cost includes the **Road Scholar Travel Assistance Plan**. The primary purpose of this plan is to provide 24-hour emergency assistance for medical and other emergencies. In addition, the plan provides emergency evacuation, motor vehicle return and baggage delay insurance. The policy operates on a reimbursement basis and if you have medical or other emergency expenses during the program you must be prepared to pay on-site and submit insurance claims as appropriate after your return. Please review the brochure you received in your Road Scholar enrollment confirmation notice for complete details of the plan's benefits, coverages, terms and conditions.

Participant Information Form

To participate in your Road Scholar program, you are required to complete the Participant Information Form, either online or the print version that may be included in this packet. You must answer all questions and give complete information on your health history when you fill out the form. If you choose to complete the printed version, please return your Participant Information Form to **Routes To Learning Canada, 4 Cataraqui Street, Kingston, ON K7K 1Z7** as soon as possible, but no later than **3 weeks** prior to departure. **IT IS MANDATORY THAT YOU COMPLETE, SIGN AND RETURN THIS FORM IN ORDER TO PARTICIPATE IN THE PROGRAM.** The information on this form will be shared with the program staff at each site you will attend. The information you furnish will be crucial in the event of an emergency.

Medical and Physical Needs

Road Scholar is committed to providing reasonable accommodations to enable individuals with disabilities to participate in our programs. If you have any impairments or medical needs requiring accommodation that you did not inform us of at the time of enrollment, we ask that you communicate your needs to Road Scholar's Participant Services team at this time. Please contact us by calling toll free at (877) 426-8056.

Public Transportation is used on this program.

Smoking

The great majority of Road Scholar participants are non-smokers. We try to minimize the effects of smoking during road Scholar programs and we try to ensure that smokers and nonsmokers are not assigned as roommates. In the event that there is no other option than to assign a nonsmoker and a smoker as roommates, the smoker is asked not to smoke in the room. For the benefit of everyone, smoking is prohibited in classrooms and on buses or other conveyances. Group leaders, drivers, and other staff are expected to observe nonsmoking areas established during the program. Some hotels and restaurants have smoking areas designated, but most are smoke-free.

MONEY MATTERS

All of your Road Scholar program components are included in the program cost (except for meals designated as on-your-own). It is your responsibility to pay for all other expenses you may incur during your time. You should have sufficient funds available for any purchases you wish to make and for unforeseen events such as accidents or illness, losing luggage or personal effects, etc. For the most comfortable and enjoyable experience, please plan accordingly. Neither the Group Leader nor other program staff is authorized to make cash outlays to participants.

How much cash should I bring?

If possible, we suggest you obtain approximately CAD\$100 for incidentals, transportation from the airport to the starting hotel location, etc. Most Canadian International airports have a currency exchange kiosk counter and ATM machines available.

Tipping

Faculty and staff connected with the Road Scholar program are compensated for their services and modest gratuities for program-related staff are included in the cost of the Road Scholar program. Therefore, we discourage organized tipping in any form. Not all participants share the desire to pay additional gratuities, and many feel pressured and uncomfortable if approached by other participants to contribute to a group gift, no matter how well-meaning. Moreover, Group Leaders, local coordinators, lecturers, and bus drivers are not permitted to request tips or take up collections for tips even if asked to do so by members of the group. We understand that some people want to give additional rewards for outstanding service and cannot preclude anyone from doing so. But if you wish to tip, we ask that you keep it on a private, individual basis. While on your own at any time outside of the program schedule, you should be guided by local customs.

TIME

Eastern Standard Time

ELECTRICITY

Canada, like the United States, uses 110-volt, 60-cycle electrical power. If you're coming from the United States, you don't need to bring adapters or special transformers to use small appliances (hair dryer, curling iron, electric razor, CPAP machine, etc.) in Canada.

CLIMATE AND WEATHER

Season averages- Winter 29-35F, Spring 45-68 F, Summer 75-81 F and Fall 45-71 F
Spring sunshine hours average 7 hours, summer 8-9.

Historical Weather Data for Toronto

Average Temperature

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
°F	24	25	32	45	56	67	71	70	62	50	39	29

Average High Temperature

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
°F	32	34	42	56	68	78	82	81	74	61	48	37

Average Low Temperature

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
°F	16	16	24	35	45	56	60	59	52	41	32	22

Average Precipitation

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
in.	2.40	2.00	2.00	3.17	3.12	3.23	3.37	2.96	2.86	2.37	2.89	2.52

CLOTHING AND PACKING SUGGESTIONS

Pack clothing that allows you to dress comfortably for the season in which your program takes place. Daily dress is casual, but you may want to pack a dressier outfit for special evenings or the farewell dinner. Above all, pack light, and never bring more than you can easily carry by yourself. We suggest dressing in layers so you can remove/add a layer if necessary.

How do I travel light?

Travel is much more enjoyable if you aren't burdened with heavy and large pieces of luggage. In order to "travel light," you should plan to:

- Do a small amount of hand-laundry every few days
- Take clothing from one or two color-groups
- Dress like an "onion" (in layers) according to the weather
- Do without some of the electrical appliances and conveniences that you use at home

What should I wear?

- Comfort is of the essence! You will seldom need anything dressy; if you want to bring a "casual dressy" outfit such as khakis and shirt or polo top, a pantsuit or simple skirt and blouse, that's fine.
- Shoes should be comfortable enough to wear all day. We advise well-worn and sturdy shoes with good tread (rubber soles are best) and socks. In the warmer months, sandals are fine for some areas, but you should bring a heavier shoe if we're doing a lot of walking.
- Bring a hat suitable for the season, gloves for winter wear, clothing you can layer as morning and evening temperatures are cooler than midday.

Toiletries and Personal Items:

- Personal medication (we advise you to carry these with you as you travel, so in the case of lost luggage, you'll have your prescriptions with you.)
- Lightweight folding umbrella
- Your favorite camera
- Small flashlight
- Limit jewelry items to a few favorites; leave your valuable pieces at home!
- A mini-sewing kit and a few safety pins
- Note pad and writing pens
- Sunglasses and SUNSCREEN (important at higher altitudes!)
- Small quantity of laundry detergent if you'll be washing clothing by hand
- Any foods you might need to supplement a special diet

Additional suggestions specific to your program:

- Supportive/comfortable footwear, walking shoes or boots (all-weather or waterproof and broken-in are recommended).
- Breathable, yet comfortable clothing suitable for daily walking
- Sweater(s) or fleece for cooler mornings/early evenings, light jacket
- Raincoat and/or windproof jacket (lined for cooler temperatures), umbrella
- Jeans or light pants, shorts
- Long and short sleeved shirts, T-shirts
- One semi-casual outfit for special evenings (optional)
- Tennis shoes and bathing suit if you wish to use hotel pool and fitness facilities, where available
- Sunscreen, insect repellent; sun hat
- Travel alarm clock
- Small flashlight
- Note pad or journal
- Replacement batteries
- Refillable water bottle

CARRYING YOUR BAGGAGE

In most instances, you are required to handle your own luggage, although many hotels have portage available at additional expense to you. We urge you not to bring more baggage than you are capable of carrying comfortably yourself. While we have no luggage requirements other than those imposed by airlines or other public conveyance systems, we suggest you not burden yourself by bringing heavy, bulky bags that you must handle on your own.

One suitcase (with wheels is best) and one carry-on bag. Only bring what you can comfortably carry yourself. Must be able to handle your own luggage, porter service not always available. If arriving by train or plane, limits may apply according to chosen transportation. Please refer to their specific guidelines and up-to-date information on luggage limitations.

MEALS

It is an integral part of your program experience to learn about and try the local cuisine. Therefore, although the staff at the sites is aware of many of the more recent dietary concerns relating to cholesterol, salt and sugar, we do not ask them to radically adapt their menus to suit our needs, nor do we expect them to prepare food for individual diets. We do offer vegetarian options on almost all our programs. A classic vegetarian diet is defined as one with vegetables, fruits, grains, beans and nuts, but no fish, meat or poultry.

PREPARATION

How can I get the most out of my program?

Meals and accommodations may be quite different from what you are used to at home. Accepting and dealing positively with such differences will greatly enhance your appreciation of the experience. In this mailing, we touch on some of the differences you may encounter. There will be experiences, situations and customs quite different from what you expect and anticipate at this time. The best way to prepare for the differences is to prepare yourself mentally. Keep in mind that one purpose of travel is to experience differences, not to judge them. Skills that will serve you well are:

- Tolerance for Ambiguity
- Ability to be Non-Judgmental
- Flexibility and Adaptability
- Sense of Humor
- Open-Mindedness
- Curiosity
- Self-Reliance
- Communicativeness

PHOTOGRAPHY

As described in our registration and program policies published in our catalogs, Road Scholar reserves the right to use photographs or videos taken by representatives of Road Scholar or by other participants during programs for promotional purposes. If you prefer that your image not be used in Road Scholar catalogs or promotional materials, including our website, we ask that you notify program staff and the photographer at the start of the program.

PROGRAM EVALUATION

Honest and objective feedback from participants is essential to maintaining our high standards, and program evaluations are our primary tool for monitoring and improving our program quality. Accordingly, at the conclusion of each program we send every participant a comprehensive evaluation form, either by mail or email, so that it is waiting for them upon their return home. Completed evaluations are carefully reviewed by Road Scholar headquarters and the on-site Program Provider. Though evaluation results are shared with the Program Provider, responses are kept anonymous and participant names are not associated with their evaluation. Our mission is to delight each and every participant, and we depend on your feedback to make this possible. We no longer ask participants to fill out evaluations on-site so it is more important than ever to keep us informed. Thank you in advance for your help.

SUGGESTED READING AND RESOURCES

Toronto: A Pictorial Celebration, Bruce Bell

Bruce Bell's latest book on Toronto, including fantastic photography. A look at the top 100 sites in Toronto. Bruce is a noted historian, journalist, author, playwright, actor, and curator and is part of this program experience.

Lost Toronto, William Dendy

An intriguing portrait of the 19th- and early 20th-century city, *Lost Toronto* fills in the gaps of architectural history. Using almost 150 archival photographs, William Dendy identifies and discusses buildings destroyed or significantly defaced as the 20th century progressed. Not just an architectural history, *Lost Toronto* is a plea for more stringent regulations to preserve historic buildings. *Lost Toronto* and *Toronto Observed: Its Architecture, Patrons, and History* (1986) won Toronto book awards.

Unbuilt Toronto: A History of the City That Might Have Been, Mark Osbaldeston

Unbuilt Toronto explores never-realized building projects in and around Toronto, from the city's founding to the twenty-first century. Delving into unfulfilled and largely forgotten visions for grand public buildings, skyscrapers, highways, and subways, it outlines projects like St. Alban's Cathedral and the Queen subway line. Readers may lament the loss of some projects, be thankful for the disappearance of others, and marvel at the downtown that could have been. Featuring 147 images, *Unbuilt Toronto* casts a different light on a city you thought you knew.

No Mean City, Eric Arthur/revised by Stephen Otto

First published in 1964, it sparked the preservation movement of the 1960s and 1970s and became its bible. This reprint of the third edition, prepared by Stephen Otto, updates Arthur's classic to include information and illustrations uncovered since the appearance of the first edition. (CND395, \$43.95)

Recommended Websites

Toronto Information

www.toronto.com

For information on Toronto's historical and cultural attractions where you will find numerous links to museums, historic sites and buildings, attractions, and events, including maps, hours, admission fees (if any), and how to get there.

Dining Guide - Toronto

www.dine.to

We've included some restaurant suggestions in your Discovery Guide, but for additional information, you may want to visit the website. A Toronto dining guide will also be in your arrival package.

Toronto Public Transit

www.ttc.ca

Toronto Public Transit connects all of Toronto along various routes. You will be provided with a transit pass for the duration of the program. Route and schedule information can be found on the web site.

PRIVATE GROUP CHARTERS

Looking for a fun, enriching and bonding experience for your group?

Private Group Charter Programs allow a group to reserve a Road Scholar program just for its members. It's an ideal way to bring a community together - for reunions, annual gatherings or special occasions.

Road Scholar Private Group Charters are perfect for ...

• Family reunions • Biking, hiking or walking clubs • Birding clubs • Church and temple groups • Alumni groups • Lifelong Learning Institutes • Affinity groups of all kinds

To learn more visit **www.roadscholar.org/charter**, call toll free at (877) 209-4634 or email us at charterprograms@roadscholar.org.

CHECK OUT THE ROAD SCHOLAR ONLINE STORE

You'll find Road Scholar hats, shirts and lots of travel accessories at our online store. Just visit www.roadscholar.org/store.

EXTENDING YOUR ADVENTURE

Add to your learning adventure and save on travel costs by attending another Road Scholar program nearby and around the same time. Here are our suggestions, but you can always call and speak to an Advisor to learn about more options:

New York

The Chautauqua Experience in Summer

Chautauqua is a unique institution due to the confluence of people and performers, viewpoints and cultures, art forms, theories, and theologies. Summer programs focus on a mix of timeless and contemporary topics throughout the week, such as Art, Music, Literature, Nature, History, Politics, Law, and Religions. Come and learn for yourself why the Chautauqua experience is so very special.

Program Number: 20581, Prices starting at \$1,859 per person

Program Dates: 06/30/2013 - 07/06/2013

101 miles

THE ROAD SCHOLAR MISSION

Not-for-profit Road Scholar inspires adults to learn, discover, and travel. Our learning adventures engage expert instructors, provide extraordinary access, and stimulate discourse and friendship among people for whom learning is the adventure of a lifetime.

OUR COMMITMENT TO DIVERSITY

Road Scholar values diversity as a dynamic and integral part of a thriving educational community. We strive to embody the rich diversity of our society and welcome all adults to experience the adventure of lifelong learning with us.

THANK YOU TO OUR DONORS

Our educational adventures are made possible by donors like you. Support lifelong learning at www.roadscholar.org/support.

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Toll free 1-888-905-5959

Now that you have registered for your ***Road Scholar/Routes to Learning Canada Program***, you probably have a few questions. How do I get there? Can I go early or stay on after the program? What will I do during my extended stay?

Maritime Travel has the answers!

- We have many preferred rates at the selected hotels
- We can arrange your flights from your home city to the program destination or any variation of your choice
- We can arrange side excursions, car rentals, medical insurance, city tours and more
- We are happy to customize your extended stay to fit your personal needs and make your time visiting Canada a memorable experience

For your pre and post travel arrangements contact:

Denise Tracey at Maritime Travel
Toll free 1-888-905-5959
Email: dtracey@maritimetravel.ca

